

The Madison Area YMCA presents...

# Nutrition Wednesdays in Kid Central



Nutritionist, Natalie Vetrini, will organize fun nutrition activities for your children while you exercise!

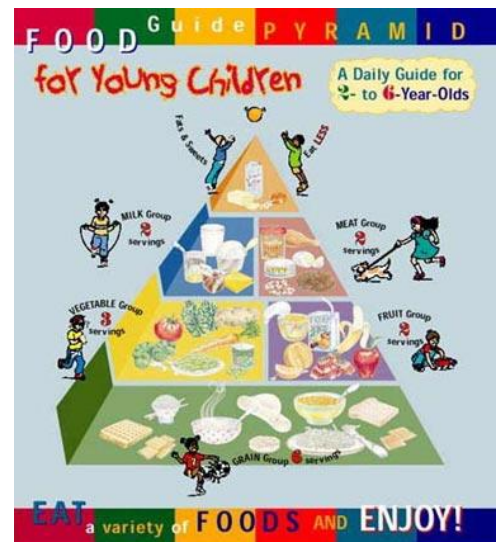


**Wednesdays for 1 hour**  
**9:30 AM and 3:30 PM**



Sign up in Kid Central  
(ahead of time recommended)  
Look on website for dates!

\* Lets Get our  
Children Healthy \*



Any questions please contact Natalie Vetrini at [Nvetrini@madisonymca.org](mailto:Nvetrini@madisonymca.org) or (973) 822-9622 ext. 2275.