

Madison Area YMCA Offers Adults Outdoor Swimming

(Madison, NJ) - The Madison Area YMCA is offering "Swimmer Solstice", an outdoor swimming program for adults ages 18 and up from June 21st through August 20th at the Minisink Club in Chatham. The Minisink pool will be available for morning swimming five days a week, Monday through Friday, anytime from 5:30-8:00am. Swimmers will have the opportunity to do a 3,000-4,000 meter workout with the coach in an 8-lane, 25 meter pool.

The nine weeks of swimming includes unlimited practices as well as evening swimming at the Madison Area YMCA indoor pool, located at 111 Kings Road in Madison, on Tuesdays and Thursdays from 7:30-9:00pm. The cost for the nine week program for Madison Area YMCA members is \$140; the non-member price is \$175. Weekly and drop-in rates are also available. For more information, contact Madison Area YMCA Masters Coach, Lisa Boettrich, at lboettrich@madisonymca.org or 973-822-YMCA. Visit the Y's website at madisonareaymca.org.

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