

THE MIND MATTERS 5K

Mentally Healthy, One Stride at a Time



The Mind Matters 5K
Madison, NJ

2018 GIRALDA FARMS COURSE MAP: 5K



All marks are given relative to the running direction.

Start: On Dodge Dr. southbound 72 feet 4 inches north of the unmarked lamp post which is just before the 20 MPH speed sign measured on the east side of the road and 74 feet 3 inches north of the leading edge of the storm drain in the green divider measured on the left side of the road. Start is south of GF # parking lot exit.

Finish: On Dodge Dr. southbound, at Lamp Post #16 on the right (west side) of the road.



Turn 2 Turn from Northbound lanes to southbound lanes at the Entrance /Exit for Giralda 1 & 3.

Turn 1 At start running southbound turn at driveway to Giralda #5 and return uphill on northbound side of Dodge Dr.

Mile 1: On Dodge Dr. southbound, south of Giralda Farms #5, 2 feet before the first metal storm drain in the green strip on the left.

Mile 2: On Treadwell 111 feet after (north of) utility pole JC142430 on the right and just north of the mail box #99 on the left.

Mile 3: On Dodge Dr. southbound, after (south of) Giralda Farms Building 1 & 3 entrance/exit on the right and 56 feet north of lamp post #10 on the right.

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