



## MADISON AREA YMCA DAY CAMP COVID GUIDELINES ACCORDING TO ACA/CDC

### Staying Home when Appropriate

- Staff and campers who are not fully vaccinated and have recently had **close contact** with a person with COVID-19, including family members who they live with, should **quarantine at home**.
- Staff and campers who have tested positive for COVID-19 or are showing symptoms of COVID-19, should **isolate at home**, and contact the Camp Director as soon as possible.
- **Fully vaccinated staff and campers** who have symptoms should isolate themselves from others.

### Masks

- Campers and staff are **required to wear masks when indoors at camp**, with exceptions for certain settings or activities such as while eating and drinking or swimming.
- Campers are **not required** to wear masks **outdoors** when social distance is practiced, and they remain with their camp pod only.

**Cohorting:** Cohorts (or “pods”) are groups of campers and staff that stay together throughout the day to minimize exposure to other people while at camp. Cohorts will have the same staff, stay with the same group of campers, and remain together as much as possible.

**Maintaining Physical Distance:** **Physical distancing** provides protection by reducing risk of exposure and limiting the number of close contacts with someone. Promote physical distancing, indoors and outdoors, of:

- At least 6 feet between all campers at all times, even while eating and drinking.
- At least 6 feet between campers and staff.
- At least 6 feet between staff.

**Shared Objects:** Campers should not share items that are difficult to clean, sanitize, or disinfect and will educate the campers as to why. Each camper’s belongings will be separated from others’ and in individually backpacks or cubbies.

\*Fully vaccinated is defined as two weeks after the second dose of a two-dose series, such as the Pfizer or Moderna vaccines or two weeks after a single-dose vaccine such as Johnson & Johnson’s Janssen vaccine.