



SAMPLE WINTER 2019 FAMILY SCHEDULE

Monday

9-9:55AM **Les Mills TONE**
(Adult Group Exercise)

9:30-10:15AM **Fun & Games**
(Parent/Child)
(Ages 2-3yrs)

5-6PM **Tap I (Beginner)**
(Ages 5+yrs)

6-6:30PM **Swim Lessons**
Stage A: Water Discovery
(Parent / Child)
(Ages 6-18mos)

Tuesday

9:30-10:15AM **Monkey Around with Math**
(Parent/Child)
(Ages 2-3yrs)

12-1PM **SGT Sampler** NEW!
(Small Group Training)

4-4:45PM **Tales and Trials** NEW!
(Ages 5-8yrs)

6-6:55PM **Fire and Ice**
(Adult Group Exercise)

Wednesday

9:15-10AM **Y Ninja Gym and Me**
(Parent / Child)
(Ages 2-3yrs)

10:30-11:30AM **Adult Ballet Barre I**
(Adult: Ages 18+)

1:15-2PM **Floor Hockey**
(Ages 4-6yrs)

6-7:30PM **Y Achievers Program**
(Grades 8-12)

Thursday

7:15-7:45AM **SPRINT™**
(Adult Group Exercise)

12-2PM **Drop and Go**
(Babysitting)

1:15-2:15PM **Jolly Jumper I**
(Age 3yrs)

6-7:30PM **Youth & Government**
(Grades 6-12)

Friday

9:15-10AM **Gym Toddler**
(Parent/Child)
(Crawling - 2yrs)

11:15AM-12:15PM **Adult Tap I (All Levels)**
(Adult: Ages 18+)

11:45AM-12:30PM **Sports & Games Jr.**
(Ages 3.5-4yrs)

4:15-5PM **Fairytales Cooking** NEW!
(Ages 3-5yrs)

Saturday

10:30-11AM **CXWORX™**
(Adult Group Exercise)

10:45-11:15AM **Swim Lessons**
Stage 4: Stroke Intro
(Ages 5-12yrs)

12:15-1PM **Adventure LEGO**
(Ages 5-8yrs)

2:30-3:30PM **Karate Beginner**
(Grades 1-12)

Sunday

10:30-11:45AM **BODYFLOW®**
(Adult Group Exercise)

11:30AM-12PM **Y Ninja Gym Tots**
(Ages 3yrs)

12:10-12:40PM **Swim Lessons**
Stage 2: Water Movement
(Ages 5-12yrs)

2-3PM **Y Ninja Gym: Cheetahs**
(Ages 5-6yrs)
Y Ninja Gym: Panthers
(Ages 7-8yrs)

Special Events

Tuesday - Monday: 1/1-1/7 | Open House!

Tuesday, 1/8 | Priority Member Registration (7:30PM)

Wednesday, 1/9 | Kirby Open House (9:30-11AM;
4:30-6:30PM)

Tuesday, 1/15 | Open Registration (7:30PM)

Tuesday, 1/15 | SGT Registration begins (7:30PM)

Saturday, 1/19 | School of Perf Arts Mid-Year Showcase

Tuesday, 1/22 | Summer Camp Member Reg (7:30PM)

Thursday, 1/24 | Summer Camp Open Reg (7:30PM)

Sunday, 1/27 | Pancake Breakfast (10AM-1PM)

Monday, 1/28 | SGT Demo Week begins

Sunday, 2/3 | Drop and Shop (2-6PM)

Friday, 2/8 | American Girl Valentine's Day (5:30-7PM)

Saturday, 2/9 | Family Valentine's Day Dance (6-8PM)

Friday, 3/7 | Ultimate LEGO Adventure (5:30-7PM)

Saturday, 3/23 | Parents' Night Out (5-9PM)



WINTER 2019 FAMILY SCHEDULE BUILDER

Monday

Time	Program/Class

Tuesday

Time	Program/Class

Wednesday

Time	Program/Class

Thursday

Time	Program/Class

Friday

Time	Program/Class

Saturday

Time	Program/Class

Sunday

Time	Program/Class

My Notes

A series of 17 horizontal lines for writing notes, positioned to the right of the 'My Notes' header.