



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## Providing a safe environment is our top priority. We ask all Gymnastics & Y Ninja Gym Participants to adhere to the following policies:

- Prior to class, gymnasts & ninjas (and parent dropping off child) will receive a health check when entering the building and be asked to leave if they have a temperature 100.4 degrees or higher or have done the following within the previous 14 days: Been in contact with someone diagnosed with COVID-19, experiencing symptoms of COVID-19, or traveled to a state currently on the Travel Advisory Quarantine list.
- Gymnasts & ninjas ages 11 and under must be accompanied into the building by a parent or guardian.
- Please arrive no earlier than 10 minutes prior to the start of class to avoid crowding in the lobby and halls.
- Gymnasts & ninjas will check in at the Welcome Center and be asked to check out at the Welcome Center when leaving.
- After dropping your gymnast or ninja off outside of the Gymnastics Center, parents must wait outside or in their cars for the duration of the class. When class is finished, the gymnasts & ninjas parent or guardian will wait on the designated social distancing floor markers in the hallway to the side of the gymnastics center where the cubbies are located. Participants will be escorted out of the gymnastics center by the far door in the hallway by an instructor one at a time.
- Masks/face coverings are to be worn by anyone over the age of 2 who enters the facility. Instructors and class participants will wear masks/face coverings while participating in all class activities.
- Gymnasts & ninjas may not visit any other part of the YMCA, and leave the facility promptly after their class.
- Gymnasts & ninjas must wash their hands prior to entering the gymnastics center.
- Designated social distancing spaces for each athlete have been marked on the floor of the gymnastics center. Gymnasts & ninjas must remain in their designated space throughout the class period unless asked to move by the instructor.
- Gymnasts & ninjas should use the restroom before or after class. In the case of emergency, athletes ages 11 and under will be escorted to the nearest restroom by the gymnastics/ninja instructor and allowed into the restroom one at a time wearing a mask and strict hand washing enforced. Athletes ages 12 and up will be allowed to use the restroom one at a time wearing a mask and required to wash hands.
- Gymnasts & ninjas who do not adhere to social distancing guidelines may be asked to leave the class.

### **MADISON AREA YMCA**

#### **Family Center**

111 Kings Road, Madison, NJ 07940  
973.822.YMCA (9622)

**[madisonareaymca.org](http://madisonareaymca.org)**



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- The adult and youth locker rooms are closed, and participants are asked to arrive at the YMCA ready for their class. Family changing rooms are available for emergency access only if needed.
- Gymnasts & ninjas must have a backpack to store all of their belongings. A water bottle is recommended since the water fountains will not be in use.

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