



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# Y Ninja Gym

## PARENT-CHILD CLASSES

The Y Ninja Gym Department at the Madison Area YMCA strives to provide a fun, safe and educational experience for all. The following policies allow us to do so. Thank you for taking the time to review them.

Parent participation is crucial to the success of these classes. We encourage all parents to participate in circle-time activities as it allows the instructors to engage all children. We want your children to have fun, so please help us do so.

- All classes run for 10 weeks. Please use your membership cards to check in each week.
- All classes run for 45 minutes. Extended play is not available after your class has finished.
- Parent-child classes take place on the floor exercise area within the preschool circuit. Use of any competitive equipment during parent-child classes is strictly prohibited for the safety of all.
- Please wait for the instructor to open the gym door before entering the gym for your class.
- Please prepare for class in the hallway, leaving all shoes and coats outside of the gym.
- **Food or drink** is not permitted in the gymnastics center. (This includes toddler drink cups and snacks.)
- Please refrain from bringing strollers into the gymnastics center.
- For your convenience, a diaper changing area is provided downstairs, in the family locker rooms.
- **Siblings and friends are not permitted in the gymnastics center. Only the child registered for the class is permitted in the gymnastics center.**
- Proper attire is essential for participation in all activities.
- The YMCA has a no make-up policy for missed or canceled classes. Please attend only the class you are registered for. There are no make-ups for inclement weather, vacations or illness. Classes are prorated for days that fall on scheduled holidays that the Y is closed.
- If you need to make a permanent class switch, you may contact the Gymnastics Department. The switch will be allowed only if space is available.
- Credit requests must be submitted **BEFORE** the 2<sup>nd</sup> class of the session in order to be processed. We will not process any requests after the 2<sup>nd</sup> class. Please see the Welcome Center to fill out a credit form.
- For the safety and enjoyment of all participants, aggressive or violent behavior from a child is not tolerated. (Parents are expected to monitor children at all times and work with instructors to modify aggressive behavior.) If a problem persists and the safety or enjoyment of other participants is compromised the child will be excused from the class and no credit will be given.

### Mask Policy

The Madison Area YMCA continues to follow the CDC and the state of New Jersey guidelines therefore, **masks are optional for all individuals when indoors at the Y.**



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### **Membership Cards and Check In**

In order to expedite the check-in process, please remember to bring your membership card or program participant card when coming to class. If you do not have a card for yourself and your child, please feel free to stop by the Welcome Center to have one printed. Non-members, ages 18+, must show a valid ID when entering the building. NO EXCEPTIONS. Each person regardless of their membership type has their own unique barcode. However, we do understand that there are times when having a card is not possible. Having all the cards will expedite the check-in process, especially at busier times like class drop-off.

Families can either have the individual key tags or use the Madison YMCA app for iPhones and Androids which will allow you to have multiple cards on one screen to expedite the checking process.

### **Drop-Off/Pick-Up Policies**

For the safety of your children, please read the Madison Area YMCA's important policy regarding drop-off/pick-up for programs and classes at the Family Center:

- Children 11 and under must be escorted to and from every program by a parent or guardian.
- Children ages 12 and up can navigate the Y independently.
- Vehicles may not be left idling or unattended in front of the building. Please park only in designated spaces.

Thank you for ensuring the safety of all who use our facility.